

## TERM 3 – WEEK 10

**HAPPY HOLIDAYS EVERYONE!**

DATES FOR THE DIARY	
TERM 3	
Weds 17 Sept	Primary Proms Concert
Fri 19 Sept	K/2 and 3/6 Discos <b>LAST DAY OF TERM</b>
TERM 4 <b>STUDENTS RETURN ON TUES 7 OCT</b>	
Tues 7 Oct 2:00	P&C Meeting
Thurs 9 Oct	Rescheduled NAIDOC Event – Manly Dam
Tues 14 Oct	Band Workshop Day
Fri 31 Oct	World Teachers' Day
Fri 31 Oct	Surf Lifesaving Talk – Stage 3
Mon 3 – Thurs 13 Nov	Swim School (K-4)
Mon 10-Fri 14 Nov	Surf Education / Kayaking – Stage 3
Tues 4 Nov 2:00 – students 3:15 – staff 6:00 - parents	'Cybersmart' Sessions
Tues 4 Nov 2:00	P&C Meeting
Fri 7 Nov	David Morgan-Mar (Scientist in Residence)
Fri 28 Nov	Year 6 Fete
Tues 2 Dec 2:00	P&C Meeting
Fri 5 Dec	P&C Bingo Night
Mon 8 Dec 11:00	Helpers' Morning Tea
Thurs 11 Dec 9:30-11:00	Presentation Day
Thurs 11 Dec 2:00	Christmas Concert
Fri 12 Dec	Year 6 Graduation 'Big Day Out'
Fri 12 Dec 6:00-8:00	K-6 Family Christmas Disco
Tues 16 Dec	Sausage Sizzle Lunch – free for winners of the House Spirit Cup!
Tues 16 Dec	Talent Quest
Weds 17 Dec	K-6 Picnic Day <b>LAST DAY OF TERM</b>

**CUT OUT AND KEEP ON THE FRIDGE!**

## From The Principal

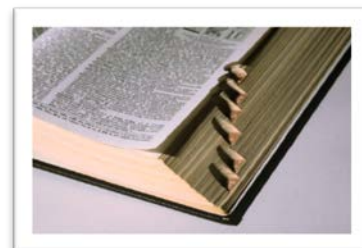


### Primary Proms

The excitement is mounting...only two days to go until our wonderful choir join with other school choirs from across the State to perform at Sydney Town Hall. They have been busy rehearsing and they sound amazing. Congratulations Miss Mary Greatz on your success with the choir, it just keeps getting better and better!

### Premier's Spelling Bee

On Tuesday our super spellers will be heading off to Collaroy Plateau PS to compete in the first round of the Spelling Bee. Good luck to Malachi Halo, Annysa Dormis, Jack Miao and Giulia Carnevale! Thank you Mrs Vicki Staniforth for organising the spell-offs at school and for accompanying our students on Tuesday.



### World of Maths

Last Monday the library was turned into a Maths lab with a range of exciting stations set up to challenge our mathematical and problem-solving thinking skills. Everyone had great fun and learned a great deal too!

### Jump Rope 4 Heart



Later on in this issue you can read Mr Nick Pye's report about our Jump Off last Friday. Wow! What a fantastic achievement to raise \$5,000! We have seen a huge improvement in skipping ability and will be keeping this up as a regular part of our fitness sessions.

### Nut Products at School

Because of the prevalence of nut allergies, which in some cases can be life-threatening, we ask that children do not bring food containing nuts to school. This includes some **cereal bars** and **Nutella spread**. We appreciate your support by keeping these as 'home foods' and not 'school foods'.

*Bev Maunder*

## Positive Behaviour, Engaging Learners (PBEL)

Congratulations to all students for following our school expectations and earning mini merits. Last week the Lucky Dip winners were:

**RESPECT** – Coen Clark    **RESPONSIBILITY** – Chanel Finau    **PERSONAL BEST** – Tatiyana Smuts

## Assembly Roster

### TERM 3

Assemblies are held every Thursday in the hall at 2:25pm.  
Parents and friends are very welcome.

Wk 10	18 September	Gold, Silver, Bronze Awards
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## Assembly Awards Week 8

KJ	Belle Long	Elliot Broughton-Rouse	Sam Attanasio	Hayden Davoodi
KM	Janaya Ongosia	David Lawson	Ben Attanasio	Karl Cruz
1/2J	Shanel Lawson	Joshua Wells	Matthew Munoz Delgado	Ali Donaghey
1/2LR	Anmol Hassan	Winston Vay	Liberty Halo	Gethmini Ratnayake
3/4A	Tatiana Smuts	Brooke Jones	Jordan Butt	Tyler Smith
3/4D	Olivia Sebbag	Zara Dailhou	Michael Halai	Jessica Marreiros
5/6P	Aminah Alhamid	Tiani Paitai	Nathan Cheng	Jay Sefo
5/6S	Kabir Panesar	Jackson Kira	Giulia Carnevale	Natalia Petrolo
Mrs Staniforth	Ambrin Dawla	Thomas Morgan		
Miss Greatz	James Tupou	Janayah Tracey		
Mrs Murphy-Haste	Cherry Kumar	Damiano Melani		
Mary Zhang	Oman De Vorms			
Mrs Patterson	Jaydah Ongosia	Tanaz Fatema		

### Mathletics and Reading Eggs Awards

Congratulations to our award recipients for Week 9!

	Super Mathlete	Reader of the Week
K-2	Paige Cosentino	Brydie-Rose Peters
3-6	Damiano Melani	Jordan Butt

*Skye Surrest (Assistant Principal)*

### The Great Book Swap – Helping Indigenous Literacy



#### The BPS Great Book Swap Success

**WELL DONE EVERYONE!**

**We raised \$230 for the  
Indigenous Literacy Foundation**

The Book Swap stall was buzzing with enthusiastic readers in search of fabulous books!

It was such a pleasure to see so many of our students visiting the Book Swap.

In fact, it was so popular; we decided to open a lay-by department!

The following day at the Fathers' Day Stall, lay-bys were collected and students came yet again with gold coins!

Thankyou to Ms Thomson, Sofia, Tyrone, Tasnia, Emily-Rose, Jasmine, Jessica S, Jesse, Zara, Holly, Tatiana S and Alice .....for all your help!

***Ms Kortekaas***





## Jump Rope for Heart

# \$5,000!

Wow, what a success it was.

Friday saw the finale of our Jump Rope for Heart program and it was, by all accounts, a huge success for all. We had a Jump Off day in which every class skipped to music at the front of the school for all to see. It was amazing to see how skilful and fit the children have become in such a short time. There were even a few teachers to be seen showing off from time to time!

Thank you to everyone who sent back their sponsor forms and sponsor money. We are still collecting and counting a few late arrivals but it looks as though we may have raised \$5,000 for the Heart Foundation. I think our children should be very proud of this huge achievement. We will keep putting the skipping ropes out every day so the children can keep improving their skills with next year's program in mind. Well done and thank you to everyone who took part.

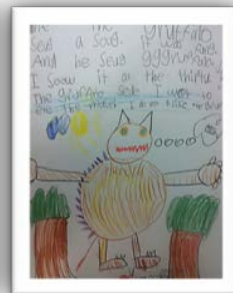
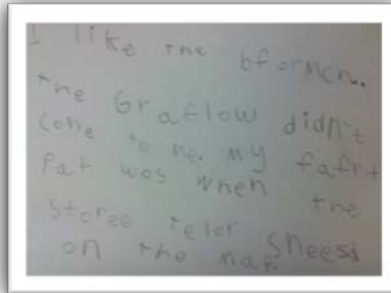


## Around the Stages – Early Stage 1 (Kindergarten)



During the past five weeks, Kindergarten has been studying *'The Gruffalo'* as part of their Rich Literacy. We have related the story to our own lives and discussed other stories by Julia Donaldson that are similar. This culminated in a visit to the Glen Street Theatre to see a stage production of *'The Gruffalo.'* We were so excited because for most of us it was our first visit to the theatre! It was so special to see the sheer joy on the children's faces, and their behaviour was impeccable.

When we got back to school Ms Kortekaas found an extra passenger in the back of her car! Here are some of our written responses to the live performance:



This week we are going to compare the similarities and differences between the book and the performance. Keep an eye out for Kindergarten's iMovie of *'The Gruffalo'* which is due for release early Term 4!



## September is Fruit and Veg Month

Fruit and Veg Month is all about developing good eating habits and trying different types of foods. This month to celebrate we will be selling a variety of fruit and veggies for the children at recess.

On **Tuesday** students from the Garden Club will be selling fruit and veggie cups to encourage all children to increase their fruit and vegetable intake and to encourage them to try new foods. The cups will be 50c each.

On **Thursday** the Garden Club students will be selling ricotta and spinach rolls, using produce from the garden, for 50c each.



Here are some of our favourite fruit & veggie funnies:

Q: What school subject is the fruitiest?

A: History because it is full of dates!

Q: Why did the tomato blush?

A: Because it saw the salad dressing.

Q: What vegetables are sailors' enemies?

A: Leeks

Knock knock! Who's there? Lettuce! Lettuce who? Lettuce in and you'll find out!

## Waste-Free Wednesday

Dear Parents,

Brookvale School is holding a Waste-Free Lunch Challenge on Wednesday 17 September 2014

On this day we ask that your child's lunch contain as few items as possible that must be thrown away. Ideally, your child's lunch will only contain items that will be eaten, composted or recycled.

Examples of how to pack waste-free lunch items are provided in the attached guide. Reusable containers are a handy way to pack a waste-free lunch. They also make it easy to buy food and drink in bulk (instead of in single-servings) which can save money over time.

The Waste-Free Lunch Challenge is one of Brookvale's sustainability education initiatives. By participating, students will have a better understanding of how we can take action to reduce our waste.

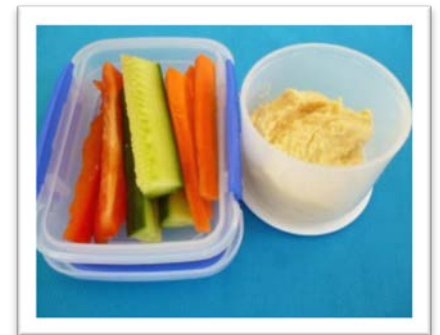
Waste-free lunches also save money and promote healthy eating.

Fruit and vegetable scraps (e.g. apple cores and banana skins) will be composted at the school through our compost system and given to the chickens.

Here is a great recess snack, that is waste free, consisting of hummus dip with veggie sticks.



Paper bags also come in handy – they can be recycled or composted, so they don't need to be added to the garbage. Have a chat with your child about how to dispose of them.



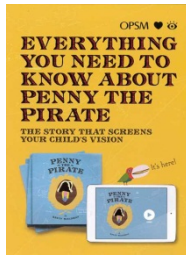
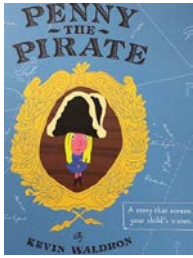
Here are some other tips:

- Make a tray of muffins and keep them frozen. Remove one each morning and place it in the lunch box – it will thaw by lunch time.
- Pop your own natural popcorn and pack it in a paper bag. Remind your child to dispose of the paper bag in the recycle bin at school.
- Make your own snack mix with dried fruit (apples, sultanas, banana), pepitas, sunflower seeds, and put in in a container for recess.
- Pack a handful of dried cereal (such as Weet-bix bites or Cheerios) in a small reusable container.
- Cut your own cheese slices and place them with crackers in a smaller tupperware container.
- Make a smoothie at home and store it in a cold thermos that holds the temperature

Mrs Dixon

Environment Co-ordinator

## Ever Wondered if Your Child's Vision Needs Checking?



OPSM presents '*Penny the Pirate*' – a storybook that allows parents to screen their child's vision to determine whether a thorough eye test would be beneficial.

This storybook uses three key eye screenings and covers common vision issues found in children such as: distance vision, colour vision and depth perception.

A copy of the paperback book, '*Penny the Pirate*', is in on display in the school office. If you are interested in acquiring a copy, please inform Mrs Brent or Anne-Marie in the office.

This opportunity is also available as a free app from Google Play or the Apple App store. For more information visit [opsm.com.au/penny](http://opsm.com.au/penny)

***Maria Kortekaas***

## Disco Time!



**Who?** All students K-6. The discos will be organised by Year 6 students

**What?** An end of term disco as a reward for our achievements

**When?** Friday 19<sup>th</sup> September - lunchtime

**Where?** Our school hall

**Why?** The proceeds will go towards the Year 6 farewell events

**How?** The cost of the disco is \$5 Wear 'mufti' (Groovy disco clothes)

## family fun day

26TH SEPTEMBER 2014

COME ALONG FOR A LOOK AT AUSTRALIA'S  
FIRST AND OLDEST PARLIAMENT HOUSE

**NO NEED TO BOOK**

ALL WELCOME!

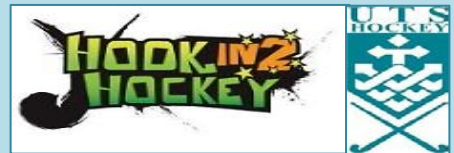
MACQUARIE ST. SYDNEY

[www.parliament.nsw.gov.au](http://www.parliament.nsw.gov.au)

**FUN ACTIVITIES FOR THE WHOLE FAMILY**

**INCLUDING:**

- TOURS OF THE LEGISLATIVE CHAMBERS
- MYSTERY OBJECT GUESSING COMPETITION
- SAUSAGE SIZZLE (MINIMUM CHARGE)
- ROVING HISTORICAL CHARACTERS
- ART AND OTHER DISPLAYS



**WHEN:**

Sunday mornings 9:30-10:30 am  
**6 week program starting 12/10/2014**

**WHERE:**

KIKOFF Soccer Centre  
33 Bennett St, Curl Curl (cnr Stirgess Ave)

**CONTACT:**

[curlcurl@utshockey.org](mailto:curlcurl@utshockey.org) or Trudie Vestey Ph: 0408 022 286

**REGISTRATION:**

Register online by 10th October at  
<http://curlcurl.utshockey.com>

Registration plus starter's pack \$65 – or – rego only \$35

*Starter's pack : Stick, shin pads, mouth guard, ball, back pack, pop-up goal or shirt*

**Suitable for 4-13 year old girls & boys**

An exciting introduction to hockey in a safe environment. Have fun learning a new sport with friends. Experienced & qualified coaches.

## Sea Eagles Final Series Rugby League Beach Clinic

**Thursday 25 Sept**

10AM – 1PM, Collaroy Beach

**COST: \$20 per participant (morning tea provided, mainly merchandise)**

**WHO:** Boys and girls aged 5-12 years

**TIME:** Registration commences at 9:15am.  
All registrations online at [playnrl.com](http://playnrl.com)

Show your true colours by wearing maroon and white

Come and learn to play league.



[PLAYNRL.COM](http://PLAYNRL.COM)

## Do your kids love playing sport, having tons of fun and making new friends?

Then this is the holiday camp for you!  
Plus you won't need to pick them up until 6pm!

- \* Kids get to play soccer, tennis, cricket, basketball and more
- \* They will be coached, learn new skills and compete
- \* Ideal for ages 4 to 14
- \* Full wet weather program in case of rain

**Week 1: Sept 22, 23, 24, 25, 26**

**Week 2: Sept 29, 30, Oct 1, 2, 3**

Daily Rate \$40

Any 5 days \$150

All 10 days \$280

**Daily Supervision from 8:30am-6pm**

Location: Warringah Recreation Centre,  
Corner of Kentwell and Pittwater Roads

Enquiries: Call 9938 1831 or email  
[wrc@voyagertennis.com](mailto:wrc@voyagertennis.com)

**COMPLETELY FREE!**

**Go4Fun**  
Healthy • Active • Happy • Kids

“It's so wonderful  
to have my active,  
happy, motivated  
and confident  
10 year old boy  
back.”

Cate Latham, Go4Fun parent

A FREE 10 WEEK PROGRAM FOR KIDS AGED 7 TO 13 YEARS  
AND THEIR FAMILIES TO BECOME FITTER, EAT HEALTHIER  
AND IMPROVE THEIR SELF-ESTEEM.

**WHEN**

Tuesdays  
4.00pm-6.00pm  
Starts 14th October

**WHERE**

Pittwater Sports Centre  
1525 Pittwater Rd  
North Narrabeen

**REGISTER NOW**

**FREECALL 1800 780 900 OR [GO4FUN.COM.AU](http://GO4FUN.COM.AU)**



Health  
Northern Sydney  
Local Health District