



Brookvale News

Term 1 Week 9

DATES FOR THE DIARY

TERM 1

Thurs 26 March 2:00pm	Garden Club meeting in the staffroom
Tues 25 th March	Stage 3 'Interrelate' program Canteen Closed
Tues 1 st Apr 2:00pm	- Stage 3 'Interrelate' program - P&C meeting
Weds 2 April	Autism Awareness Day
Weds 9 th Apr 2:00pm	Cross Country / Sponsored Run
Thurs 10 th Apr	K/2 and 3/6 lunchtime discos
Fri 11 th Apr LAST DAY OF TERM 1 11:30-1:00	- Grandparents Day / Easter Hat Parade - Cup Cake Sale!

STUDENTS RETURN ON TUESDAY 29TH APRIL

From The Principal

Good Luck Keith!

On Tuesday our super swimmer, Keith Allen will be representing our area schools at the regional carnival. What a fantastic achievement this is, and we know that the whole school community will be wishing Keith all the very best in his races. Can't wait to hear the result!

Chickenpox

There have reportedly been a few cases of chickenpox lately, both around the Northern Beaches and in our school community. Chickenpox is a viral illness that begins with a sudden onset of slight fever, runny nose, feeling generally unwell and a skin rash. According to New South Wales Government Health, people are infectious from one or two days before the rash appears (that is, during the fever/runny nose phase) and up to five days after (when the blisters have formed crusts or scabs). The infection is highly contagious to people who have never had chickenpox or who have not been vaccinated. Early in the illness, the virus is spread by coughing so we

advise you to keep your child at home if they experience the initial symptoms as a safety precaution.

For further information about chickenpox, please call your local Public Health Unit on 1300 066 055

Bev Maunder

Positive Behaviour, Engaging Learners (PBEL)

Congratulations to all students for following our school expectations and earning mini merits. Last week the Lucky Dip winners were:

RESPECT – Max Dixon

RESPONSIBILITY – Malachi Halo

PERSONAL BEST – James Tupou

Assembly Roster

TERM 1

Assemblies are held every Thursday in the hall at 2:25pm.
Parents and friends are very welcome.

Week 9	27 March	SRC
Week 10	3 April	3/4D class item
Week 11	10 April	Gold, Silver and Bronze Star Certificates

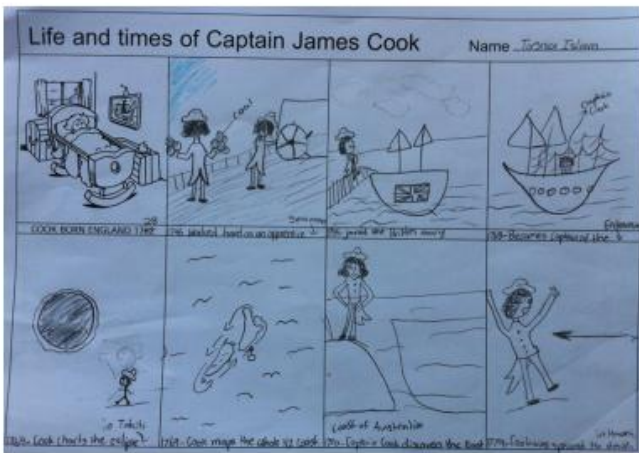
Around the Stages – Stage 2

Stage 2 continues to be an exciting group to be part of! Congratulations to those students in Stage 2 who made it to the Zone Swimming Carnival! Well done to Elwyn, Vivian and Rueban. We know you made our school proud!

The students are finishing off their science topic “Melting Moments”. They have been melting chocolate and freezing various items. The students have been investigating the melting points of different materials and developing an understanding that not everything melts at the same temperature.



Stage 2 has been looking at the Early Australian Explorers. The Portuguese and the Dutch came to look for the “Great Southern Land” and found parts of the west coast, but it was Captain Cook who discovered the east coast. Take a look at this timeline of Captain Cook’s life that Tasnia produced!



We have learnt that 18 years after Captain Cook, Captain Arthur Phillip and the First Fleet came to Sydney and started a new British colony. We are in the process of uncovering the devastating consequences that this ‘invasion’ had on the Aboriginal people of Australia who

were already here for fifty thousand years! The Aboriginal people of Australia are still affected today as a result of these actions. We’re very excited about our excursion to the Maritime Museum on **Wednesday 2nd April 2014**. We will be visiting Captain Cook’s ship, the Endeavour, to see what life was like at sea. We will then have a



guided tour of the museum to learn about early Aboriginal Life. It’s very exciting, so get your payment and permission notes in **THIS WEEK**. It should also be noted here that if you wish to learn more about this topic, please come to see an assembly item by 3/4D on **Thursday 3rd April** – the news as you’ve never seen it before!

Last week we took part in Harmony Day. It was a day to respect and celebrate the diversity of students and their cultural backgrounds and heritage. We wore orange and took part in an international quiz. We recognised what a



fabulously diverse school Brookvale is!

Mrs de Graaf (3/4D) and Mrs Dixon (3/4A)

D.M.I.



Northern Beaches Secondary College invites you to attend the final exhibition and judging

Brookvale has once again, taken part in the Northern Beaches *Design Make and Innovate* project with the help of Year 9 students from Mackellar Girls' School and Balgowlah Boys' School. Over the course of 2 half days and a full day, the children designed, planned and created a toy or game that would be suitable for 10 year old children. Well done to all Stage 3 children for showing how creative and clever you all are. We now get to send 4 teams to the DMI Expo held at Balgowlah Boys' School where their creations will be shown alongside those of other local schools.

Congratulations to the following children whose final projects will be on display.

Keith Allen, Nathan Cheng, Matthew Kidd, Jeremy T, Kayleen Falconer, Annysa Dormis, Lucy Watt, Giulia Carnevale, Duong Tran, Jay Sefo, Daniel Shepherd, Mathew Miltonhardy, Kabir Panesar, Nate Green, Tara O'Shannessy, Janayah Tracey, Aminah Alhamid, Tiani Paitai, Natalia Petrolo

Children and parents are encouraged to attend the event but must arrange their own transport to the event and back to school afterwards.

The details of the event are as follows:

Thursday 27th March 2014

9.30am – 10.30am

The award ceremony will begin at 10.00am

Balgowlah Boys Campus

Maretimo Street

Balgowlah

NSW 2093



Happening Soon...

There are several important dates for your diary coming up between now and the end of term.....

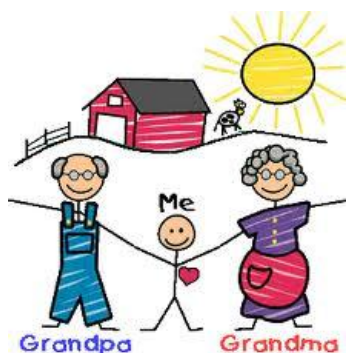
Autism Awareness Day – **Wednesday 2 April**. Each year we raise funds for ASPECT (Autism Australia) and carry out activities to raise awareness of autism. This year we are having a 'Blue Mufti' Day...gold coin donation please, and holding a raffle for a beautiful blue teddy bear (see details in flyer). We also donate half of the funds raised in the Sponsored Run.

Cross Country / Sponsored Run – **Wednesday 9 April at 2:00pm**. All students K-6 run on this day, although the actual carnival is for 8 years and above. We encourage all students to participate in the Sponsored Run to raise funds which are spent on playground resources and a donation to ASPECT for Autism Awareness Day.

K/2 and 3/6 lunchtime discos – Year 6 students run these discos at the end of each term. On **Thursday 10 April** students can bring \$5 to wear mufti, go to the disco and enjoy a treat. The money raised goes towards the end of year celebrations for our Year 6 leavers.

Grandparents' Day and Easter Hat Parade. This takes place on **Friday 11 April**, the day we break up for the holidays. Come along to join the fun! It will start at 11:30 and finish with a BBQ and cup cake fundraiser at 1:00pm.

GRANDPARENTS DAY CUPCAKE AND CAKES STALL



We will be holding a cupcake/cake stall on the day of the Easter Hat Parade.

Please help by bringing in some yummy treats for us to sell. These can be left in the office in the morning or you may want to bring it prior to the parade. Half the proceeds will be going to Autism Awareness, so you may want to decorate some cupcakes in blue as blue is the theme colour for World Autism Awareness month.



Let's help make Grandparents' Day a yummy success!

Band

What a great start we have had to the year. We are settling in well to the routine and most people are making the 8 o'clock rehearsal on Thursday. The extra rehearsal has made a great difference to how we are sounding and I can't wait for our first concert.

Can I just emphasise the importance of regular practice. Most weeks at rehearsal I give each section something to work on so that the band can sound better. Each child's tutor will also give them something to work on. One long practice a week on Sunday isn't nearly as good as 3 or 4 short practices a week. Constant reinforcement is the best way to improve. I will let you know as soon as we have set a date for our next performance. Hopefully some of the parents will be able to make it.

Kind Regards

Jason Smith
Band Manager

Courageous Kids - Support for Anxious Children

Courageous Kids is a practical and effective anxiety prevention and self-esteem program run by experienced Child Psychologist, Robyn Fallshaw. It helps kids aged 6-8 to cope with feelings of fear, worry and depression and provides families with practical strategies for home and school.

- Courageous Kids runs on Friday afternoons from 3.45pm to 4.45pm during school terms.
- It is a 9 week program for small groups of up to 6 children
- Detailed resources for children and families are provided each week
- Parents are invited to attend the last ten minutes of each session so that ideas and strategies for home and school can be shared.
- A 30 minute consultation with Psychologist, Robyn Fallshaw, is included half way through the term so that parents can discuss their child's specific challenges and progress in private.
- Courageous Kids is a health service and is eligible for Medicare and health fund rebates.

Preliminary parent interviews to determine if Courageous Kids is the appropriate clinical option for children are taking place now and bookings for Term 2, 2014 are currently open.

Kids First Children's Services welcomes your Courageous Kids inquiry and hopes that this information will be of service to the staff and families in your community.

All the support children & families need in one convenient location

* Child Psychology & Family Counselling * Speech Pathology * Occupational Therapy* Disability Support & Early Intervention * Tuition for information **Call us: (02) 9938 5419 Visit us: 527 Pittwater Road, Brookvale Email us: enquiries@kids-first.com.au or Visit our website: www.kids-first.com.au**



PRESENTS:
HITS OF TODAY!
Kids Autumn Holiday Singing Program



This four day program will cover Pop and Rock Hits from the last 12 months. Including songs by: Beyonce, Pink, The Script, Pharrell Williams, Emily Sande, Guy Sebastian + many more!

**6 to 13yrs - \$250 (V.A.C Students 10% off)
10% Early bird incentive closes March 21st
Call: 9976 5552 now to make a booking!**

Monday April 14th – Thursday April 17th

This week will culminate in a concert performance on Thursday evening.

-----Cut here & send-----

Name: _____

Age _____ **D.O.B** _____

Address: _____

PC: _____

Phone: _____ **Mob** _____

E-mail: _____

Cheques to 'Sydney Vocal Arts Centre', + form to: P.O. Box 431 Manly, 1655

Express Yourself!

JESUS IS ____.

Complete the above sentence in pictures to win \$3000 in cash prizes + \$950 in art lessons, supplies + framing.

For more information, conditions of entry registration forms visit www.ccnb.org.au or call 02 84563640 on Tuesdays or Thursdays

Christ Church Northern Beaches are encouraging people to think about, engage with and express their opinion of Jesus through art this Easter, as part of the Northern Beaches Churches JESUS IS ____ initiative.

ENTRY CATEGORIES and PRIZES to be won:

General (18 years+) \$25 entry fee, \$15 concession 1st Prize: \$1000 – JESUS IS Award, 2nd Prize: \$500 – CVC Ltd Futures Award 3rd Prize: \$225 – MKA Award

Youth (12-17 years) \$10 entry fee 1st Prize: \$500 – JESUS IS Award 2nd Prize: \$215 – MKA Award 3rd Prize: \$150 – Art Smart Award - Art supplies and/or framing

Juniors (under 12's) Free to enter 1st Prize: \$250 – JESUS IS Award 2nd Prize: \$210 – MKA Award, 3rd Prize: \$150 – Art Smart Award - Art supplies and/or framing


ENTRY CATEGORIES and PRIZES to be won:
General (18 years+) \$25 entry fee, \$15 concession 1st Prize: \$1000 – JESUS IS Award, 2nd Prize: \$500 – CVC Ltd Futures Award 3rd Prize: \$225 – MKA Award

THE EXHIBITION


Winners and selected works will be exhibited during Easter week Monday 14 April – Monday 21 2014 at Manly Vale Anglican Church, 3 King Street, Manly Vale.

The exhibition will be family friendly where the general public can vote for the PEOPLE'S CHOICE attracting a prize of \$500

& the KID'S CHOICE which attracts a \$250 prize for the most voted for child's entry.



HOLIDAY CAMPS Sydney Academy

BUDDING BUILDERS 

BUNNINGS warehouse

A fun-filled daytime only holiday camp for kids. In partnership with Bunnings Warehouse, this camp is designed for kids to get hands on and experience constructing fun items for themselves. Under the supervision of qualified staff, these items include the construction of billy carts, catapults and possum boxes all as part of a community project. Campers will also make a marble maze to take home.


Participants will also have the opportunity to enjoy some traditional camp activities including high ropes, archery, canoeing, flying fox plus lots more. Parents must organise transport to and from the Centre each day.

Kids' Camps


Budding Builders	14-17 April	8-12 years	\$214.00
-------------------------	--------------------	-------------------	-----------------

Sport and Recreation supports community wellbeing.
We also offer accommodation and facilities to suit every budget:

- Self contained accommodation
- Group accommodation
- School camps

 Find us on Facebook at www.facebook.com/NSWSportandRecreation

Phone 13 13 02
www.dsr.nsw.gov.au/kidscamps



If u like ART studio

1a Powells Road, BROOKVALE (cnr Mitchell Rd)

Brush Art 4 Kids

We believe all kids can be creative!

Fun Creative Art Workshops

Many AUTUMN school holiday workshops to select from in our spacious studio in Brookvale

Daily Workshop Schedule & Costs

Monday 14th to Thursday 24th APRIL

• 9.30am to 12.30pm (Ages 5 to 9) \$45

• 10am to 3pm (Ages 5 to 12) \$65 to \$85

Cost incl. materials, BYO drink, snack &/or lunch

SELECT FROM: Canvas Art, Caricature, Cartooning, Clay, Mosaic Mirror, 3D Animal Sculptures, Funky Craft, Jewellery / Treasure Box, Sewing Groovy Bag, Scrapbook Album Creation & more Visit www.brushart4kids.com.au Download School Holiday Enrolment Form

DON'T MISS OUT, BOOK EARLY!

Call Daphne 0409 569483 or

daphe.katos@bigpond.com

At times all parents feel lost or without a clue about what a child might need. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting Program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning objectives of the training:

- understand your child's emotional world by learning to read their emotional needs
- support your child's ability to successfully manage emotions
- enhance the development of your child's self esteem
- honor your innate wisdom and desire for your child to be secure.

To be held at Be Centre, Unit 3, 9 Apollo Street Warriewood NSW

8 weeks – starts Wednesday 7 May and runs each Wednesday evening from 6.30–8.30 pm until Wednesday 25 June 2014

For further information please call Tjinta or Fiona on 02 9986 0955 or email tjinta@becentre.org.au

Places are limited to 12 so please book early

I wish to book _____ single place/s in the program at \$145.00 per person \$ _____

I wish to book _____ couple places in the program at \$180.00 per couple \$ _____

TOTAL \$ _____

Participant name/s _____

Cheque (payable to Be Centre Foundation), or MasterCard Visa

Card No. _____ CVC _____ Signature _____

Expiry date _____

Cardholder name _____

Address _____

Telephone/mobile _____ Email _____ Postcode _____

Please complete this form in Adobe Reader and click to email, or print and mail it with your payment to Parenting Program, Be Centre Unit 3, 9 Apollo St Warriewood NSW 2102. For more information please phone 02 9986 0955.



Circle of Security Parenting Program

For parents/carers of children aged 0–7 years

Presented by Be Centre's Registered Parent Educators, Tjinta and Fiona